



FAQs on Precautions



1

What precautions I need to take after receiving the vaccine?

Both the vaccines are safe but **in case of any discomfort or complaint, the beneficiary may visit the nearest health facility** and/or call the health worker whose phone number is given in the Co-WIN SMS received after vaccination.

2

If I suffer from HTN/DM/CKD/heart disease/lipid disorders etc., can I safely take this vaccine?

Overall, the vaccine is safe and efficacious in adults with comorbidity. The maximum benefit of getting the COVID-19 vaccine is for those who have such co-morbidities. However, if you are concerned for any specific reason, please consult your doctor.

3

What medications should be avoided before taking the COVID-19 vaccine and for how long?

Currently, there is no such instruction. One can take one's regular medication uninterruptedly. Just inform the vaccinator about the medicines you consume.

4

The Health Ministry has advised caution in vaccinating persons with a history of bleeding or coagulation disorder. How does a person know if he/she has a coagulation disorder? What tests can be conducted?



There are a few bleeding disorders like 'haemophilia'. These persons should take the vaccine under the supervision of their treating physician. Patients who are admitted to a hospital or an ICU and have bleeding problems should delay the vaccination till they are discharged. However, several people with heart and brain disorders are on blood thinners like aspirin and anti-platelet drugs. They can continue with their medicines and have the vaccines. For them, vaccines are absolutely safe.

5

The health advisory also states that those with immunity issues should be cautious about taking the vaccine. What are the markers of 'Immunity issues'?



Immune issues are of two types: one, immunosuppression due to any disease such as AIDS, and people on immunosuppressant drugs such as anti-cancer drugs, steroids, etc. Second, immunodeficiency in people who suffer from some defect in the body's protective system such as congenital immunodeficiency.

Currently, available COVID-19 vaccines do not have any live virus and therefore individuals with immune issues can have the vaccine safely. But the vaccine may not be as effective in them. One should inform the vaccinator about the medicines they consume and if they are suffering from any known immune issues. The vaccinator should have a record of one's medical condition.

6

I had a COVID-19 infection and was treated, why should I receive the vaccine?



Development of immunity or duration of protection after COVID-19 exposure is not established therefore it is recommended to receive the vaccine even after COVID-19 infection. Wait for 4-8 weeks after recovery from COVID-19 symptoms before getting the vaccine.

7

Is the vaccine contraindicated in a person with chronic diseases?



Chronic diseases and morbidities like the Cardiac, neurological, pulmonary, pulmonary, metabolic, renal and malignancies, etc. are not contraindicated. In fact, the benefit of COVID-19 vaccines to reduce the risk of severe COVID-19 disease and death is for those who have these co-morbidities.